



Term 1 is 12 weeks. **Fee pro-rata from your joining date**. Term fee for 1 x a week = 100 AED x 12 = **1260AED VAT INCLUSIVE** Term fee 2 x a week = 90 AED x 2 x 12 = **2268 AED VAT INCLUSIVE** Term fee 3 x a week = 80 AED x 3 x 12 = **3024 AED VAT INCLUSIVE** 4th session free. **3 siblings 15% and 4 siblings 25% discount**

New Joiners Kit = 105AED includes: Vest & Shorts Kit Membership card with 25% Discount in NB Stores, 30% off Monviso, 10% off Kibsons & Fadefit

Location Map: Abu Dhabi Cricket & Sports Hub

Day	Venue	Time	Age	Content	Dates	Cost
Monday	Abu Dhabi Cricket Track	5pm-6pm	7-12	Multi-Events (sprints, middle-distance, jumps, hurdles, throws) Ebrima	Mon 8th Jan – Mon 18 th March 2024	100/90/80 AED
	Abu Dhabi Cricket Track	6pm-7pm	10+	Sports Speed (Speed, Agility and Quickness for games players, rugby, netball, football) Ebrima	Mon 8th Jan – Mon 18 th March 2024	100/90/80 AED
	Abu Dhabi Cricket Track	7pm-8pm	10+	Sprints (focused on speed 100m-400m) Ebrima	Mon 8th Jan – Mon 18 th March 2024	100/90/80 AED
Wednesday	Abu Dhabi Cricket Track	5pm-6pm	4-6	Tots Athletics (sprints, middle-distance, jumps, hurdles, throws) Ebrima	Weds 3rd Jan - Wed 20th March 2024	100/90/80 AED
	Abu Dhabi Cricket Track	6pm-7pm	10+	Sprints (focused on speed running, 60m - 400m) Ebrima	Weds 3rd Jan - Wed 20th March 2024	100/90/80 AED
	Abu Dhabi Cricket Track	7pm-8pm	10+	Middle Distance (focused on endurance running, 800m -3000m) Ebrima	Weds 3rd Jan Wed 20th March 2024	100/90/80 AED
Sunday	Abu Dhabi Cricket Track	5pm-6pm	7-12	Multi-Events (sprints, middle-distance, jumps, hurdles, throws) Ebrima	Sun 7th Jan - Sun 24th March 2024	100/90/80 AED
	Abu Dhabi Cricket Track	6pm-7pm	10+	Just Run (sprints, middle-distance) Ebrima	Sun 7th Jan - Sun 24th March 2024	100/90/80 AED





KIBSONS